



PRE-OUTING CHECKLIST:

If you answer "yes" to any of these questions, please refrain from meeting in person.

- Have you, or anyone in your home, experienced a fever, cough or shortness of breath in the past 2 weeks?
- Have you, or anyone in your home, experienced chills, muscle pain or consistent headaches in the past 2 weeks?
- Have you, or anyone in your home, experienced a sore throat, loss of taste or smell, or any other sign of respiratory illness in the past 2 weeks?
- Have you traveled recently, including work trips?
- Are you, or is anyone in your home considered vulnerable? (advanced age, pre-existing health conditions)
- Have you, or anyone in your home, tested positive for COVID-19 in the last 2 weeks?

Please exercise caution when making the decision to meet in person. BBBS continues to encourage matches to stay connected via phone, text and other virtual means.

Check in with your Match Support Specialist before your first outing!

